Common problems in the design of preclinical animal experiments

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Unreliable research

Trouble at the lab

Scientists like to think of science as self-correcting. To an alarming degree, it is not

Oct 19th 2013 | From the print edition



Why Biomedical Research Has A Reproducibility **Problem**

SIDENOTES

February 26, 2014

REPLICATING RESULTS



the same results. Without reproducibility, we could not distinguish

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Biomedical research: increasing value, reducing waste

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Of 1575 reports about cancer prognostic markers published in 2005, 1509 (96%) detailed at least one significant prognostic variable. ¹ However, few identified biomarkers have been confirmed by subsequent research and few have entered routine clinical practice. ² This pattern—initially promising findings not leading to improvements in health care—has been recorded across biomedical research. So why is research that might transform health care and

reduce health problems not being successfully produced?

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Main problems (selected list)

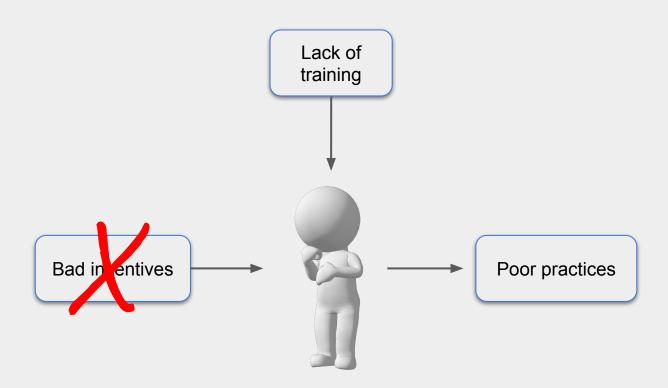
Design

- Treatment effect confounded with biological and technical effects
- Incorrect experimental unit defined → replicating the wrong entity

Execution

- Lack of blinding
- Lack of randomisation and/or blocking
- Optional stopping

What's causing these problems?



The fundamental experimental design equation

$$Outcome = \underbrace{\frac{Treatment\ effects}{Environment}}_{\begin{subarra}{c} Environment \\ Compound \\ Inhibitor \\ siRNA \\ Dose \\ Time \end{subarray}}_{\begin{subarra}{c} Environment \\ Compound \\ Inhibitor \\ siRNA \\ Dose \\ Time \end{subarray}}_{\begin{subarra}{c} Environment \\ Sex \\ Age \\ Weight \\ Weight \\ Litter \\ Genotype \\ Species \\ Cell\ line \end{subarray}}_{\begin{subarra}{c} Environment \\ Experimental \\ Treatment \\ Sampling \\ Measurement \\ Measurement \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Treatment \\ Sampling \\ Measurement \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Treatment \\ Sampling \\ Measurement \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Treatment \\ Sampling \\ Measurement \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Cage \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Treatment \\ Sampling \\ Measurement \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Experimental \\ Treatment \\ Sampling \\ Measurement \\ Order \\ Source \end{subarray}}_{\begin{subarray}{c} Experimental \\ Experimental$$

The aim is to estimate treatment effects precisely and unambiguously.

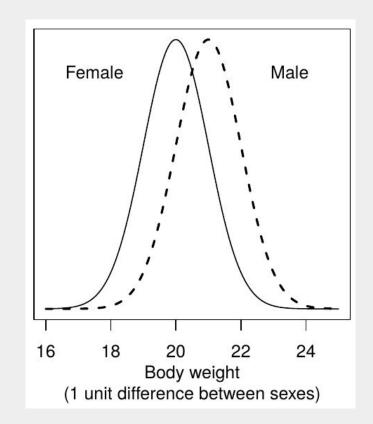
Lazic SE (2016). Experimental Design for Laboratory Biologists. CUP.

Ignoring known effects in the design and analysis

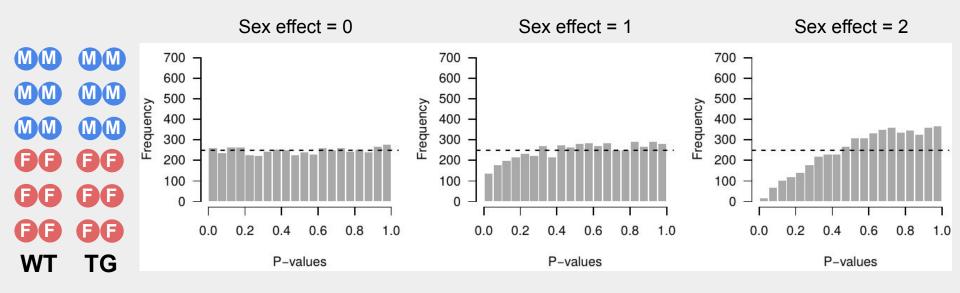
Testing the effect of genotype on body weight in males and females.

N = 24 (12 WT, 12 TG)

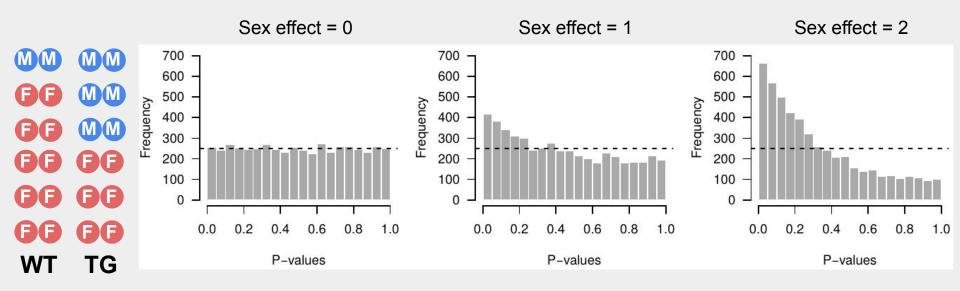
Genotype effect = 0



Balanced data, ignoring sex, no genotype effect

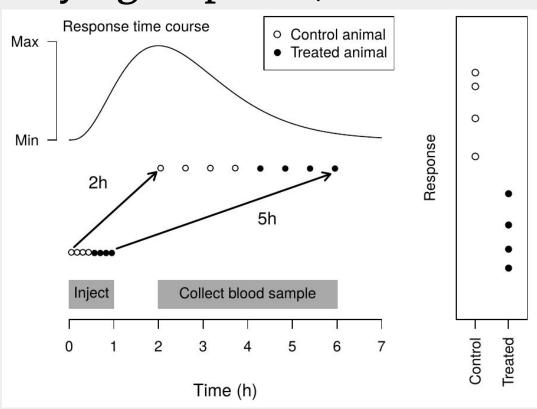


Unbalanced data, ignoring sex, no genotype effect



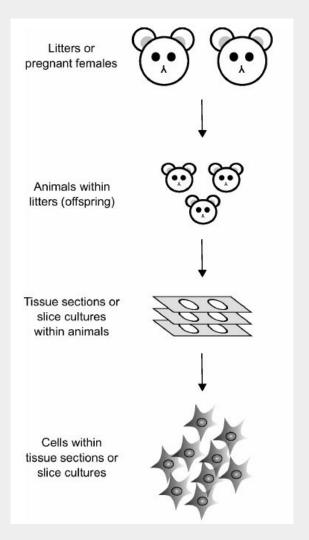
Order effects (time-varying response)

- Inject animal with inflammatory substance
- Collect blood 2 hours after injection
- N = 4 Controls, 4 Treated
- Injecting is quick, collecting takes longer
- Treatment has no effect



What is 'N'?

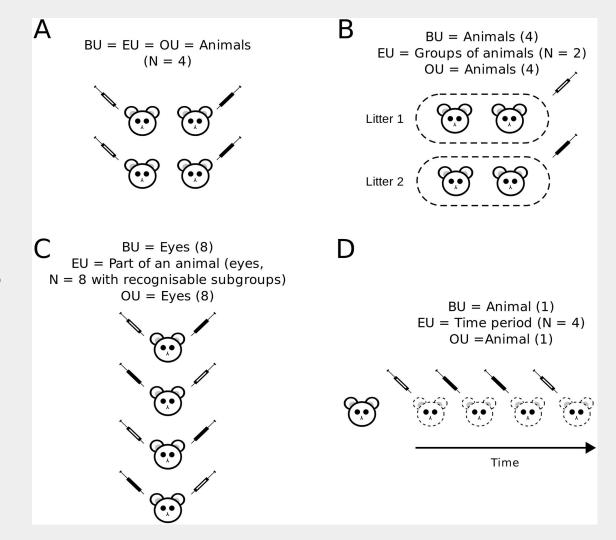
- Experimental Units Smallest biological entity that can be randomly and independently assigned to a condition.
- Observational Units Biological entity on which measurements are made.
- Biological Units Biological entity that a scientist wants to make an inference about.



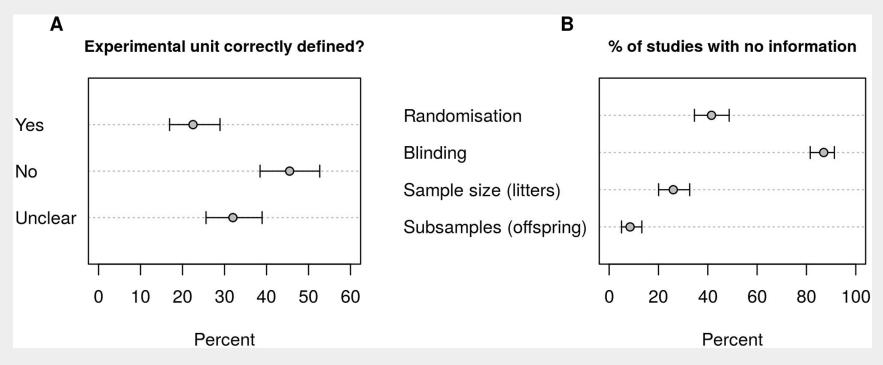


Biological, experimental, and observational units may differ → often leads to pseudoreplication

Lazic SE, et al. (2018). What exactly is 'N' in cell culture and animal experiments? *PLoS Biol* 6(4):e2005282.



How common is pseudoreplication?



Lazic SE, et al. (2018). What exactly is 'N' in cell culture and animal experiments? *PLoS Biol* 6(4):e2005282.



