Improving basic and translational science by accounting for litter-to-litter variation in animal models (What is 'N')

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Litter effects

Definition: Variation between litters such that animals within a litter are more alike than animals between litters on an outcome variable.



Mehta et al. (2011). PLoS ONE, 6(10):e26077

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Biological and technical hierarchies



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Also, the treatment should be applied independently to each EU, and the EUs should not influence each other.

 Observational unit (OU): the entity on which measurements are taken; they may differ from the experimental and biological units of interest. Increasing the number of OUs does not increase the sample size.

Experimental unit

An EU may correspond to:

- a biological unit of interest
- groups of biological units
- parts of a biological unit
- a sequence of observations on a biological unit









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- (Sub)sampling error: Samples differ from the whole population.
- Measurement error: Measurements are never perfect.
- Experimental error: Reflects the natural biological variation from EU to EU (plus treatment error). This is the appropriate error for testing hypotheses.

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- Observations taken on 10 offspring (BU and OU).



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- Treatment applied to 2 pregnant females (EUs).
- Observations taken on 10 offspring (BU and OU).
- No valid inference can be made → cannot separate treatment effects from differences between litters.
- Need to increase number of females, not number of offspring.



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- Crossed is better because (1) litter-mates serve as controls, (2) has more power, and (3) analysis is simpler.
- Completely randomised design is worst (not shown).



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- 4 Pregnant females randomised to light or dark environments.
- 16 Offspring randomised to groups within litters.
- The offspring are the BUs and OUs, but
- 4 EUs for environment effect and 16 EUs for treatment effect.



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- Cross treatment groups and litters (avoid nesting).

Further information

- 1) Lazic SE (2016). Experimental Design for Laboratory Biologists: Maximising Information and Improving Reproducibility. Cambridge University Press.
- Lazic SE (2013). Technical comment on "Stress in puberty unmasks latent neuropathological consequences of prenatal immune activation in mice." Science 340(6134):811.
- Lazic SE, Essioux L (2013). Improving basic and translational science by accounting for litter-to-litter variation in animal models. *BMC Neuroscience* 14(1):37.
- Lazic SE (2010). The problem of pseudoreplication in neuroscientific studies: is it affecting your analysis? *BMC Neuroscience* 11:5.

